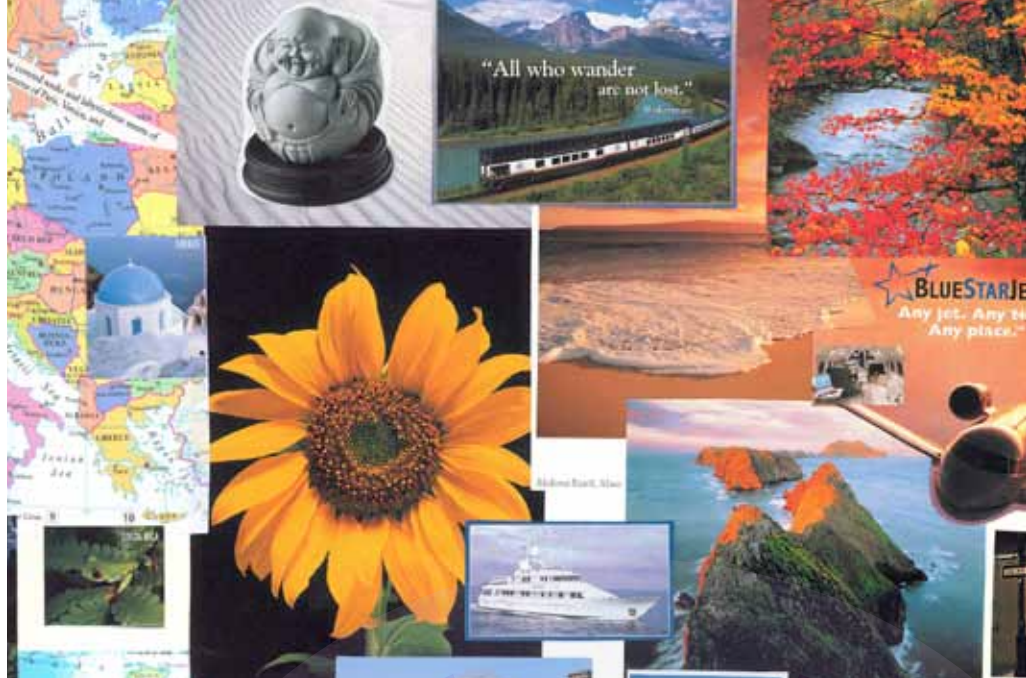


Choose Your Thoughts.

Choose Your Life.



- Identify and Achieve Goals
- Release Self-Imposed Limitations & Negative Beliefs
- Create Effective Affirmations & Reinforce Positive Behaviors
- Become “Energetically Aligned” with your Goals
- Use the Powerful Tool of Mind Sight
- Create a Mind Map to your Destination

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**Thursday
April 29, 2010**

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**Questions? Call 805.279.1551
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Presented by Patricia Lynn Belkowitz, Certified Clinical Hypnotherapist, Advanced Therapeutic Imagery Facilitator and Emotional Freedom Techniques Practitioner. Patricia brings enthusiasm and life experience to her practice and is passionate about teaching people to use the power of their subconscious mind to achieve their goals.
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