

## sex-plor-a-tion

(seks'·plə·rā'·shən) n. The discovery and adventure of intimacy and sexual satisfaction.

- Explore your desires and fantasies
- Increase your ability to experience pleasure
- > Release limiting beliefs, fears and inhibitions
- Boost your sexual self-esteem and confidence

A Workshop for Women

Saturday, October 10, 2009

9:00 AM to 1:00 PM (sign-in begins at 8:30 AM)

In The Know Barn at 13545 Nightsky Dr., Camarillo, CA 93012

To register, contact Patricia@TheMindMatters.com or call 805.279.1551

\$49 (10% of tuition donated to Breast Cancer Fund)



Presented by Patricia Lynn Belkowitz, Certified Clinical Hypnotherapist, Advanced Therapeutic Imagery Facilitator and Emotional Freedom Techniques Practitioner.

www.TheMindMatters.com

Patricia is author and co-illustrator of Erotica~101, and the companion CD "TheMindSeduction". A featured speaker on sexuality and the mind, Patricia has appeared at Erotica-LA and as a guest on Playboy Radio, as well as a contributor and featured artist on Playboy Radio's Sexy Stories. www.TheMindErotic.com

Regardless of your age,
orientation, habits, preferences,
religious/spiritual teachings,
marital/relationship status,
or any other self-created
obstacle...

Whether you're not getting enough, getting too much, getting the wrong kind, celibate, sex-addicted or dysfunctional...

Do you want
more intimacy
in your life?
Would you like
to experience
a full and
satisfying
expression of your